Put yourself in someone's shoes

Idiom of the month

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1. Circle the characteristics of an empathetic person.

- a. compassionate
- b. kind
- c. a good listener
- d. sympathetic
- e. selfish
- f. understanding

2a. Read

I don't want to sit next to Zara.

Don't be horrible. She doesn't speak
English very well.

I know but she doesn't say anything!

Put yourself in her shoes!It's difficult when you don't speak the language.

2b. Complete with the idiom of the month.

It is important to ______ to try and understand their point of view.

Empathetic people have the ability to 'put themselves in someone's shoes'. They can imagine how another person experiences and reacts to a particular event or circumstance.

3. Put yourself in their shoes.

How does each person feel? Tick (a) or (b).

1. Sam gets a bad mark in his maths test.

He feels... (a) disappointed / (b) excited

2. Alessia hasn't got any money for a snack.

She feels... (a) embarrassed / (b) happy

3. Sunita is in hospital.

She feels... (a) happy / (b) scared

4. Lucy hasn't got any friends at school.

She feels ... (a) lonely / (b) popular

5. Fabio's dog dies.

He feels... (a) excited/ (b) sad

4. Say the right thing!

Match each phrase (a -e) to the right situation (1-5) in exercise 3.

- a. Come and talk to me and my friends.
- b. I'm so sorry. He was a great dog.
- c. It's OK, everyone gets bad marks sometimes.
- d. Here, you can share my crisps.
- e. Don't worry, the doctors here are very good.

Teacher's Notes

1. Circle a,b,c, f.

2b. It is important to <u>put yourself in someone's shoes</u> to try and understand their point of view.

3. 1a; 2a; 3b; 4a; 5b

4. a4; b5; c1; d2; e3