Put yourself in someone's shoes

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Edizioni gennaio 2023

1. Write 5 more (characteristics of	f an empathetic	person
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a. compassionate

b.

C. _____

d. _____

e. _____

f.

2a. Read

I don't want to sit next to Zara.

Don't be horrible. She doesn't speak
English very well.

I know but she doesn't say anything!

Put yourself in her shoes!It's difficult when you don't speak the language.

2b.	Com	olete	with	the	idiom	of	the	month.

It is important to ______ to try and understand their point of view.

Empathetic people have the ability to 'put themselves in someone's shoes'. They can imagine how another person experiences and reacts to a particular event or circumstance.

3. Put yourself in their shoes.

How do you think each person feels? Complete the sentences.

1. Sam gets a bad mark in his maths test.

He feels...

2. Alessia hasn't got any money for a snack.

She feels...

3. Sunita is in hospital.

She feels...

4. Lucy hasn't got any friends at school.

She feels ...

5. Fabio's dog dies.

He feels...

4. Say the right thing!

What can you say to each person (1-5) in exercise 3 to make them feel better? Work in pairs











Teacher's Notes

- 1.Sample answer: b.kind c.a good listener d. sympathetic e. understanding f. caring
- 2b. It is important to <u>put yourself in someone's shoes</u> to try and understand their point of view.
- 3. Sample answers:1. He feels disapppointed. 2. She feels embarrassed. 3. She feels scared. 4. She feels lonely. 5. He feels sad.
- 4. Sample answers: 1. It's OK, everyone gets bad marks sometimes. 2. Here, you can share my crisps. 3. Don't worry, the doctors here are very good. 4. Come and talk to me and my friends.
- 5. I'm so sorry. He was a great dog